

### **Post-Root Canal Instructions**

1. It is normal to experience tenderness, soreness or pain up to a week following an endodontic treatment.
2. For pain, you can take any over the counter painkillers like Aspirin, Ibuprofen (Advil, Motrin) and acetaminophen (Tylenol) unless a prescription pain medication was prescribed.
3. If antibiotics were prescribed please take them as directed.
4. Avoid chewing on the side that the root canal treatment was done regardless of how comfortable it may feel until the tooth is properly restored (usually with a gold or porcelain crown.)
5. In general, the tooth must be restored within a month following the root canal treatment to avoid the risk of losing the temporary filling or fracture of the tooth.
6. If there are any concerns, questions or severe pain contact us. In the unusual event you are unable to contact one of the dentists, and there is severe pain or swelling please seek evaluation at a hospital emergency room.